

The Three Words that Change Your Life!

The words “I am pregnant” can express great joy—and perhaps the answer to prayer! However, these words can also be an expression of dismay and disillusionment if they come as a result of a passionate fling. These three words, “I am pregnant,” completely changed the lives of a soldier’s wife and David, one of the most popular figures in the Bible.

2 Samuel 11 (story)

¹In the spring, at the time when kings go off to war, David sent Joab out with the king’s men and the whole Israelite army. They destroyed the Ammonites and besieged Rabbah. But David remained in Jerusalem.

Tension: David’s eyes wander off

²One evening David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful, ³and David sent someone to find out about her. The man said, ‘Isn’t this Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite?’ ⁴Then David sent messengers to get her.

Relief of tension: David gets what he wants (she too, maybe)

She came to him, and he slept with her. (She had purified herself from her uncleanness.) Then she went back home.

Result: Trouble

⁵The woman conceived and sent word to David, saying, ‘I am pregnant. (NIV)

The stories in the Bible are wonderful because they relate to real life. The story of David and Bathsheba is no exception. This story has stirred people’s imagination through the ages. The author uses the “empty spaces” in the story to involve us as readers. Did Bathsheba’s husband know what was going on between her and David? Was the adulterous deed rape, or did Bathsheba try to seduce David? Did Bathsheba perhaps exploit the situation in an attempt to become queen? Or Did David fall victim to circumstances?

We will never know the answers to these questions for sure, but we do know that David’s (and Bathsheba’s) fling had an unhappy ending. David most likely wished that he could turn back the clock when he heard those three words from Bathsheba: “I am pregnant.” This episode teaches us that when we make choices, we should always be aware of the consequences—and always prepared to bear them.



Lord, help me to make level-headed choices under all circumstances.

It’s choice—not chance—that determines your destiny.

—Jean Nidetch (b. 1923), *Founder and consultant of Weight Watchers International*